

January 2025

Community



Impact



Breaking through the Mental Health and Wellness Barriers



At the Hillcrest Children and Family Center, our goal is to shine a light on the importance of mental and behavioral wellness and to serve as community educators, advocates, mentors, partners and change agents. Hillcrest is dedicated to improving the health and wellbeing of our most vulnerable populations, including children and families living in disadvantaged communities.

Please take a monthly journey with us for an overview of the impactful services to over 1,500+ clients, through our robust clinical care, programs and outreach.

MLK King Jr. Holiday Recognition Outreach



275+

High School Students Participated

Hillcrest hosted several activities during the Martin Luther King, Jr. Holiday, January 20, 2025 designed to educate attendees about health and wellness resources while commemorating the legacy of Dr. King.

Youth Outreach Program



93%

Feel more confident after participating in motivational activities



100+

Students ages 14 to 17 Impacted for the month

Through our effective drop-in center, youth are given a safe and engaging place to express themselves each evening. Youth are encouraged to openly talk about self-esteem, bullying, and other peer issues while improving their own mental wellness.

Adult Outreach Program

Through our daily group therapy sessions, adults are given a judgment free and engaging place to share their thoughts and challenges. Adults are encouraged to openly talk about their individual issues while improving their own mental wellness.



93%

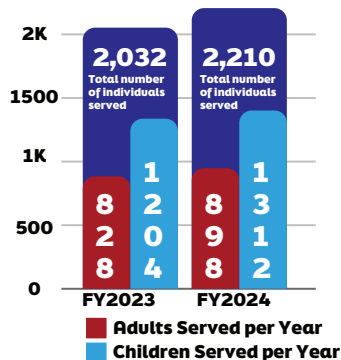
Feel more confident after participating in open dialog conversations



150+

Individuals Impacted for the month

As a **Certified Community Behavioral Health Clinic (CCBHC)**, we are in our third year of operating as a successful integrated care clinic. We are eager to continue providing comprehensive mental health and substance use services while emphasizing coordinated care among service providers.



+ Improving lives month by month +

BE A PART OF THE SOLUTION. OUR FUTURE CREATES STRONGER COMMUNITIES. GIVE @ HILLCREST-DC.ORG

202.232.6100 | info@Hillcrest-DC.org

