

April 2025

Community



Impact



Breaking through the Mental Health and Wellness Barriers



At the Hillcrest Children and Family Center, our goal is to shine a light on the importance of mental and behavioral wellness and to serve as community educators, advocates, mentors, partners and change agents. Please take a monthly journey with us for an overview of the impactful services to over 1,500+ clients, through our robust clinical care, programs and outreach.

Hillcrest Clients receive specialized care from a dynamic **Rapid ReHousing (RRH-I)** and **Assertive Community Treatment (ACT) team**. We are proud to highlight them this month.

Showcasing the Rapid ReHousing Team!



Rapid ReHousing for Single Individuals (RRH-I) is one of Hillcrest's signature extended services for clients. Homeless Services Program (HSP) programs provide access to permanent housing, short-term subsidies and case management to eligible individuals in the district. **RRH-I is a short-term subsidy program assisting low-income homeless individuals find affordable housing by providing short-term rental assistance to help participants pay rent in public and privately owned properties across the district.**

The Department of Human Services (DHS) uses Local District Funds to operate the RRH-I subsidy program. Here at Hillcrest, clients are connected to Case Management Services to assist with autonomy in their housing stabilization process for a successful discharge into society. Our attentive Housing Team go beyond the call of duty to assist clients.

Spotlight on ACT 2 Team!



Assertive Community Treatment (ACT) Team 2 is a multidisciplinary group dedicated to delivering intensive, person-centered mental health services to individuals living with serious and persistent mental illness. Operating under a recovery-based model, **ACT Team 2 provides community-based psychiatric care, therapy, medication management, housing support, and case management to help clients achieve stability and independence. This exceptional team ensures that clients receive services where they are—whether in their homes, shelters, or community settings—offering support that is flexible, consistent, and responsive to individual needs. Led by a Clinical Manager and a Team Lead along with seven staff members, each member brings a unique strength to the team, contributing compassion, expertise, and cultural responsiveness to every interaction.**

Since the start of 2025, ACT Team 2 has demonstrated significant growth in service utilization, with a 36.62% increase from January to March. Weekly service contacts rose from 108 during the first week of January to 200 during the first week of March, reflecting a steady rise in engagement and outreach. Monthly totals increased from 628 in January to 858 in March, driven by the team's relentless dedication to client care and collaboration. ACT Team 2 continues to be a vital pillar of Hillcrest's behavioral health services, bringing hope, healing, and high-impact care to those who need it most.

To learn more about the Rapid ReHousing, ACT 2 Team or any Hillcrest signature programs, please visit www.Hillcrest-DC.org.

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202.232.6100 | info@Hillcrest-DC.org

