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Community



Impact



Breaking through the Mental Health and Wellness Barriers



Hillcrest Children and Family Center is dedicated to improving the health and wellbeing of our most vulnerable populations, including children and families living in disadvantaged communities. We dedicate this newsletter to educating our consumers. Education is power.



The **Potential Impacts of Cuts to Medicaid** article published by the John Hopkins Bloomberg School of Health explain how Medicaid spending cuts could affect health care facilities, clinicians, and services, as well as millions of Americans who depend on the program. As of November 2024, over 70 million Americans were enrolled in Medicaid, the government health insurance program that offers free or low-cost health care to adults and families with limited income, people with disabilities, pregnant people, and people in long-term care facilities. The program, which represents \$1 out of every \$5 spent on health care in the U.S., is now the target of proposed federal budget cuts that would have major ramifications for states, health care and nursing facilities, clinicians, and the beneficiaries who rely on Medicaid.

Here are a few educational Medicaid questions and answers:

Q: What would the proposed Medicaid cuts mean for people who rely on the program?

A: These cuts would cause serious problems not only for states, but also for the people covered by Medicaid and the hospitals and physicians that provide services to those people. In order to continue offering the same levels of coverage they have now, states would have to put up a lot more money, which most states don't have. Otherwise, they have to either cut out a lot of existing enrollees [through eligibility changes] or offer those people a lot fewer services.

Q: How does Medicaid support people with disabilities?

A: People with disabilities who are enrolled in Medicaid have incredibly complex needs, bridging functional impairments and medical complexities of co-occurring conditions like diabetes, obesity, mental illness, and age-related impairments like Alzheimer's disease and related dementias.



Q: Who is covered by Medicaid?

A: Medicaid encompasses two different programs: One is for children and adults with low or limited income, and the other is for people who are eligible for both Medicare and Medicaid (dual eligibility) and people receiving long-term care.

Hillcrest is critical to the lives of thousands of children, adults and families combined. Help us keep Hillcrest strong! To learn more about Hillcrest signature services and programs, please visit www.Hillcrest-DC.org.

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