

May 2025

# Community



# Impact



## Breaking through the Mental Health and Wellness Barriers



At the Hillcrest Children and Family Center, our goal is to shine a light on the importance of mental and behavioral wellness and to serve as community educators, advocates, mentors, partners and change agents. Approaching 210 years of providing services in the District of Columbia, Hillcrest is integral to the overall healthcare system delivery due to the diverse areas of services it provides daily. Please enjoy reading consumer care responses that reveal our level of impact on lives.

### Reassessment: Service Outcome Measures

The following data depicts the rate of change consumers experienced in the following areas over the past 30 days:

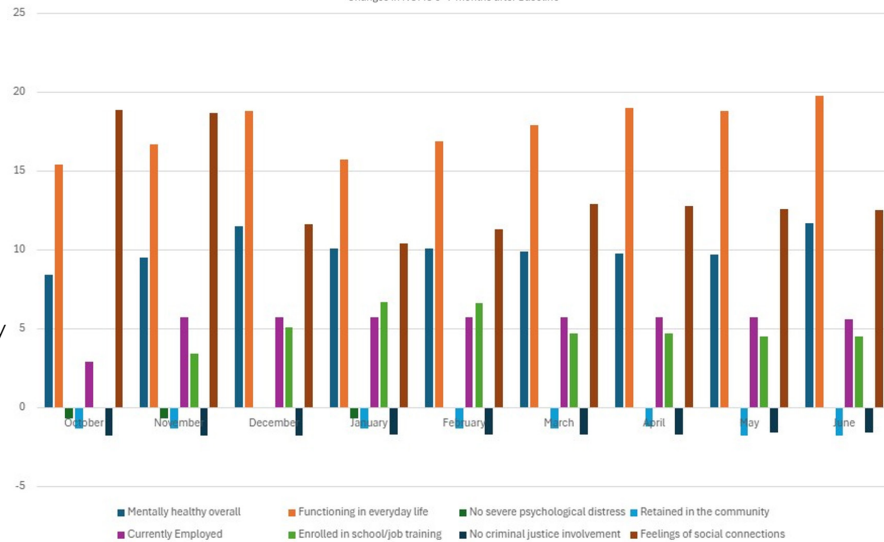
- Mentally healthy overall
- Functioning in everyday life
- No severe psychological distress
- Retained in the community
- Employed/retired or enrolled in school/job training
- Had no involvement with the criminal justice system
- Socially connected

At Reassessment, consumers are also provided the opportunity to identify their **perception of care**. This refers to the client's perspective on the services they have received and the staff that they interacted with over the past 30 days.

**Important note:** This data demonstrates the **change in percent from baseline to 2nd interview using all data collected since 2023. Data points are the 5th of each month.**

### NOMS Outcome Measures

Changes in NOMS 5-7 months after Baseline

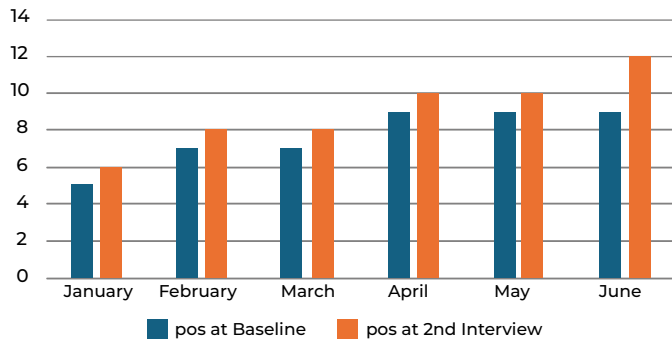


### Outcome Measures

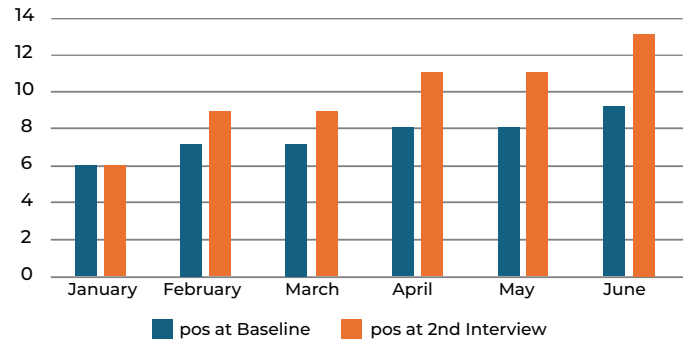
Mental Health Overall & Functioning in Everyday Life

**Important note:** This data describes the number of newly enrolled consumers (as of 10/1/24) who were positive at baseline (in blue) and positive after 5-7 months of Hillcrest services (in orange).

#### Mentally Healthy Overall



#### Functioning in Everyday Life



**Brief Analysis:** After engaging in services for 5-7 months, interviewed consumers identify a positive change in their mental health overall and their ability to function in every day life.

**\*\*NOMS data based upon a 10% sample of clients**

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