

August 2025

Community



Impact



Breaking through the Mental Health and Wellness Barriers



At the Hillcrest Children and Family Center, our goal is to shine a light on the importance of mental and behavioral wellness and to serve as community educators, advocates, mentors, partners and change agents. Hillcrest is dedicated to improving the health and wellbeing of our most vulnerable populations, including children and families living in disadvantaged communities.

Please take a monthly journey with us for an overview of the impactful services to over 1,500+ clients, through our robust clinical care, programs and outreach.

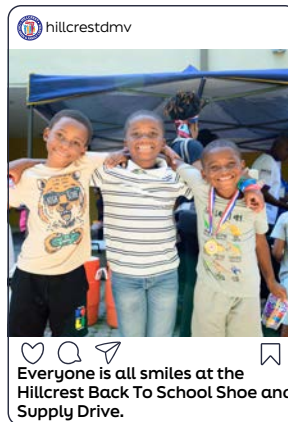
We are happy to share that our August 23rd Back to School Event was a huge success. Once again, the Hillcrest community and partners came together to serve our deserving students and families. The numbers speak for themselves!



Number of NEW shoes distributed to students: 235



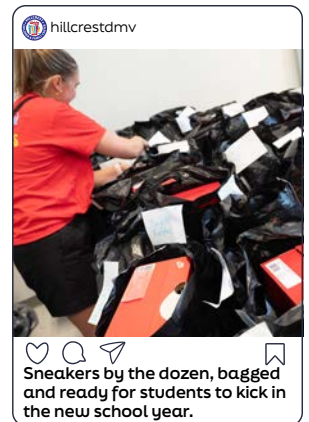
Number of Backpacks filled with school supplies distributed to students: 175



Number of Braidings for female youth: 4



Number of Uniform Pants: 120



Number of Haircuts for male youth: 36



Hillcrest Program Feature: Substance Use Disorder (SUD) Services for Youth and Adults

Our dynamic SUD Services Team is breaking barriers daily. The Substance Use Disorder (SUD) program at Hillcrest Children & Family Center provides comprehensive Intensive Outpatient (IOP) services for both youth and adults. Our adult program offers evidence-based treatment, peer recovery support, and individualized care to help participants achieve and maintain recovery. Our youth program combines structured therapy, mentorship, and prevention strategies to address substance use while supporting emotional and social growth. Across all services, we emphasize client-centered care, step-down levels of support, and integration with community resources to ensure long-term success in recovery and wellness.

Average number of youth served each month: 30



Average number of adults served each month: 72



Hillcrest is critical to the lives of thousands of children, adults and families combined. Help us keep Hillcrest strong! To learn more about Hillcrest signature services and programs, please visit www.Hillcrest-DC.org.

BE A PART OF THE SOLUTION. OUR FUTURE CREATES STRONGER COMMUNITIES.
GIVE @ HILLCREST-DC.ORG

202.232.6100 | info@Hillcrest-DC.org